



Packing Checklist

It is not always simple to pack, especially if you do not know what to expect on your trip to an exotic place. Here are a few tips we put together to help ease the process. Should you have any questions, please feel free to ask us!

Clothing

- ☐ Shirts – T-shirts and long sleeved cotton shirts
- ☐ Pants – Shorts and long cotton pants
- ☐ Hat – for rain and sun protection
- ☐ Boots – light weight hiking boots with ankle support
- ☐ Sneakers – do not bring new ones
- ☐ Socks – white Athletic socks
- ☐ Flip flops/Sandals – optional but probably best
- ☐ Swimsuits
- ☐ Jacket – light weight windbreaker (pref. Waterproof)
- ☐ Bandannas

Other Items

- ☐ Passport and a photocopy of the first two pages
- ☐ Flash light / head lamp
- ☐ Binoculars / camera – (bring a large zip-lock bag and silica gel packets to protect them from dampness / humidity)
- ☐ Insect repellent
- ☐ Sunscreen – high SPF preferable
- ☐ Sunglasses
- ☐ Water bottle
- ☐ Personal medication- pain relievers, vitamins etc.
- ☐ Personal toiletries – soap, deodorant, tooth brush, shampoo etc.
- ☐ Backpack / fanny pack